

GLUTEN-FREE DINNER

THE KEG
STEAKHOUSE + BAR

STARTERS + SALADS

SHRIMP COCKTAIL

BEEF CARPACCIO

SCALLOPS & BACON

KEG CAESAR without croutons.

MIXED GREENS SALAD

SPINACH SALAD without pecans.

ICEBERG WEDGE SALAD with ranch dressing.

GRILLED TOP SIRLOIN SALAD

LOBSTER & SHRIMP SALAD

KEG CUTS / FEATURE CUTS

Our accompaniment options are gluten-free except rice.

PRIME RIB (10 oz) without frizzled onions.

TOP SIRLOIN (8 oz)

FILET MIGNON (7 oz)

RIB STEAK (20 oz)

BASEBALL TOP SIRLOIN (12 oz)

NEW YORK (12 oz)

MANHATTAN CUT NEW YORK (7 oz)

BLACKENED SIRLOIN (8 oz)

KEG CLASSICS

Served with Keg Caesar without croutons or Iceberg Wedge with ranch dressing.

TOP SIRLOIN (8 oz)

FILET CLASSIC (7 oz)

NEW YORK CLASSIC (12 oz)

PRIME RIB (10 oz)

ADD TO YOUR FAVOURITE CUTS

ATLANTIC LOBSTER TAIL

KING CRAB

SEAFOOD OSCAR

GRILLED SHRIMP

FISH, CHICKEN + RIBS

BAKED SEA BASS

BBQ RIBS

CHICKEN & RIBS

DESSERT

CRÈME BRÛLÉE

MANGO BRÛLÉE

All items listed above are prepared with gluten-free ingredients. However, cross-contamination may occur during preparation. Please ask a member of our management team if you have additional questions or concerns.

Informed Dining 

Menu nutritional information is available.
Let us know if you have a food allergy or sensitivity.